

**MENU – week commencing 6th January**

**\*\*Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues\*\***

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|  | **INSET Day** | **Tuesday****Choose Day** | **Wonderful****Roast Wednesday** | **Thursday****Joyful Jackets** | **Friday****Fish Friday** |
| Lunch |   | Italian meatballs with spaghetti and garlic bread | Roast Gammon with all the trimmings  | Jacket potato with a choice of toppings | Breaded fish, chips and vegetables |
| Vegetarian Option |   | Quorn meatballs with spaghetti and garlic bread | Sweet potato bites with all the trimmings  | Jacket potato with a choice of toppings | Veggie burger, chips and vegetables |
| Dessert |  | Rice pudding with mixed fruit jam | Flapjack | Fruit | Yoghurt |
| Free FromOption |  | Italian meatballs with spaghetti | Roast Gammon with all the trimmings  | Jacket potato with a choice of toppings | Fish fingers, chips and vegetables |
| Free From Dessert |  | Fruit smoothie | Traybake | Fruit | Jelly |
|  | **All meals will contain or be served with at least one portion of vegetables.****All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.****Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.** |