



MENU – week commencing 19th June 2023

****Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues****

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Vegetable pasta bake	Mild chicken curry with rice	Roast gammon with all the trimmings	Jacket potato with a choice of toppings	Fish cake, chips and vegetables
Vegetarian option	Vegetable pasta bake	Mild quorn curry with rice	Roast quorn with all the trimmings	Jacket potato with a choice of toppings	Veggie burger, chips and vegetables
Dessert	Pineapple in juice	Jelly	Choc chip muffin	Fruit	Jam tart
Free From option	Vegetable pasta bake	Mild chicken curry with rice	Roast gammon with all the trimmings	Jacket potato with a choice of toppings	Fish fingers, chips and vegetables
	Pineapple in juice	Jelly	Fruit smoothie	Fruit	Tray bake
	<p>All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				