



MENU – week commencing 18th September 2023

****Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues****

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Vegan sausage roll with vegetable rice	Spaghetti Bolognese	Roast sausage with all the trimmings	Jacket potato with a choice of toppings	Fishcake, chips and vegetables
Vegetarian Option	Vegan sausage roll with vegetable rice	Quorn Bolognese	Roast veggie sausage with all the trimmings	Jacket potato with a choice of toppings	Bean burger, chips and vegetables
Dessert	Fruit	Jam doughnut	Apple crumble	Angel delight	Fruit
Free From Option	Sausage with vegetable rice Fruit	Spaghetti Bolognese Traybake	Roast sausage with all the trimmings Jelly	Jacket potato with a choice of toppings Fruit smoothie	Fish fingers, chips and vegetables Fruit
	<p>All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				