



MENU – week commencing 4th September 2023

****Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues****

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch		Mild chicken curry with rice	Roast gammon with all the trimmings	Jacket potato with a choice of toppings	Breaded fish, chips and vegetables
Vegetarian Option		Mild quorn curry with rice	Roast quorn with all the trimmings	Jacket potato with a choice of toppings	Vegetable fingers, chips and vegetables
Dessert		Fruit salad	Choc chip shortbread	Fruit	Yoghurt
Free From Option		Mild chicken curry with rice Fruit salad	Roast gammon with all the trimmings Fruit smoothie	Jacket potato with a choice of toppings Fruit	Fish fingers, chips and vegetables Traybake
	<p>All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				