

## Haddenham Community Infant School

### **PSHE Overview**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE Core Themes	<b>Relationships;</b> <b>Healthy Relationships</b>  <b>Feelings and Emotions</b>  <b>Valuing Difference</b>	<u>Health and Wellbeing;</u> <b>Healthy Lifestyles</b>  <b>Keeping Safe</b>  <b>Growing and Changing</b>	<u>Relationships;</u> <b>Healthy Relationships</b>  <b>Feelings and Emotions</b>  <b>Valuing Difference</b>	<u>Living in the wider world;</u> <b>Rules, Rights and Responsibilities</b>  <b>Caring for the Environment</b>  <b>Money</b>	<u>Health and Wellbeing;</u> <b>Keeping Safe</b>	<u>Living in the wider world;</u> <b>Rules, Rights and Responsibilities</b>  <b>Caring for the Environment</b>
HCIS Value	Kindness, Respect, Compassion, Enjoyment	Independence, Resilience, Self-Belief, Enjoyment	Teamwork, Honesty, Respect, Compassion, Enjoyment	Independence, Responsibility	Independence	Kindness, Teamwork, Responsibility, Respect, Compassion
British Value	Mutual respect, Tolerance of those of different faiths and beliefs, The rule of law, Democracy	Individual Liberty	Mutual respect, Tolerance of those of different faiths and beliefs, The rule of law, Democracy	Democracy, The rule of law,	Individual Liberty	Mutual respect, Tolerance of those of different faiths and beliefs, The rule of law, Democracy
EYFS (PSED)	Starting school - try new activities, show independence Explain the reasons for rules Managing feelings and behaviours Manage their own basic hygiene and personal needs - dressing and toileting Work and play cooperatively	Follow instructions Develop understanding around safety Remembering people who have died Not comparing self to others, identify own strengths. Show understanding of own feelings and others, sensitivity to own and other needs Giving focused attention	To understand perseverance when tackling a challenge To be able to talk about a time that they didn't give up To be able to set a goal and work towards it To use kind words to encourage people To know what it means to feel proud of themselves.	To know how to make friends Think of ways to solve problems and stay friends Start to understand the impact of unkind words Know how to be a good friend	Understand the importance of healthy food choices Understand the need to exercise to keep healthy Understand that moving and resting are good things to do Understand that we all grow from babies to adults	Name parts of the body Express feelings about moving to Year 1 Talk about worries and/or the things they are looking forward to about being in Year 1 Share memories of the best bits in Reception

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	<p>Turn taking Identify some of the jobs they do in their family and discuss belonging Discuss why home is special</p>					
Year 1	<ul style="list-style-type: none"> <li>• Roles of different people; families; feeling cared for</li> </ul>	<ul style="list-style-type: none"> <li>• Recognising what makes them unique and special; feelings; managing when things go wrong</li> </ul>	<ul style="list-style-type: none"> <li>• How behaviour affects others; being polite and respectful</li> </ul>	<ul style="list-style-type: none"> <li>• Using the internet and digital devices; communicating online</li> <li>• Strengths and interests; jobs in the community</li> </ul>	<ul style="list-style-type: none"> <li>• Keeping healthy; food and exercise; hygiene routines; sun safety</li> <li>• How rules and age restrictions help us; keeping safe online</li> </ul>	<ul style="list-style-type: none"> <li>• What rules are; caring for others' needs; looking after the environment</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>• Making friends; feeling lonely and getting help</li> <li>• Recognising privacy; staying safe; seeking permission</li> </ul>	<ul style="list-style-type: none"> <li>• Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help</li> </ul>	<ul style="list-style-type: none"> <li>• Recognising things in common and differences; playing and working cooperatively; sharing opinions</li> <li>• Managing secrets; resisting pressure and getting help; recognising hurtful behaviour</li> </ul>	<ul style="list-style-type: none"> <li>• The internet in everyday life; online content and information</li> <li>• What money is; needs and wants; looking after money</li> </ul>	<ul style="list-style-type: none"> <li>• Growing older; naming body parts; moving year group</li> <li>• Safety in different environments; risk and safety at home; emergencies</li> </ul>	<ul style="list-style-type: none"> <li>• Belonging to a group; roles and responsibilities; being the same and different in the community</li> </ul>