

DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary's MAIN DISHES – Summer 2 2023

All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
'Free from' fish fingers, chips and vegetables					✓									
Breaded fish, chips and vegetables		✓		✓	✓		✓							
Burger pasta bake with vegetables		✓		✓			✓							
Chicken burger in a bun with carrots and cucumber		✓		✓			✓							
Chicken curry with rice		✓		✓			✓							
Chicken pasta bake with vegetables		✓		✓			✓							
Chicken goujons, potato rosti and vegetables		✓		✓			✓							
Fish burger, chips and vegetables		✓		✓	✓		✓							
Fish cake, chips and vegetables		✓		✓	✓		✓							
Glamorgan sausage, chips and vegetables		✓		✓			✓							
Jacket potato with a choice of fillings					✓		✓							

Pasta with a choice of toppings		✓		✓	✓		✓							
Quorn curry with rice		✓		✓			✓						✓	
Quorn pasta bake		✓		✓			✓						✓	
Quorn roast dinner		✓		✓			✓						✓	
Roast beef dinner		✓		✓			✓							
Roast chicken dinner		✓		✓			✓							
Roast gammon dinner		✓		✓			✓							
Roast sausage dinner		✓		✓			✓							✓
Tuna pasta bake		✓		✓	✓		✓							
Vegan sausage roll, potato rosti and vegetables		✓											✓	
Vegetable fingers, chips and vegetables		✓		✓			✓							
Veggie burger, chips and vegetables		✓		✓			✓						✓	
Veggie burger in a bun with carrots and cucumber		✓		✓			✓						✓	
Vegetable pasta bake		✓		✓			✓							

Vegetable spring roll and colourful rice		✓		✓			✓							
Veggie sausage roast		✓		✓			✓						✓	

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Reviewed by: T. Mabbitt / K. Caesar-Gordon



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including more information at
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