



MENU – week commencing 13th November 2023

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Vegetable pasta bake	Chicken goujons, potato crispers and vegetables	Roast sausage with all the trimmings	Jacket potato with a choice of toppings	Jumbo fish finger, chips and vegetables
Vegetarian Option	Vegetable pasta bake	Vegetable dippers, potato crispers and vegetables	Roast Cumberland quorn with all the trimmings	Jacket potato with a choice of toppings	Glamorgan sausage, chips and vegetables
Dessert	Yoghurt	Chocolate chip cookie	Jelly	Fruit	Flapjack
Free From Option	Vegetable pasta bake	Chicken burger, potato crispers and vegetables	Roast sausage with all the trimmings	Jacket potato with a choice of toppings	Fish fingers, chips and vegetables
Free From Dessert	Fruit smoothie	Pineapple in juice	Jelly	Fruit	Traybake
	<p style="text-align: center;">All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				