



## MENU – week commencing 20<sup>th</sup> February 2023

**\*\*Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues\*\***

	<b>Meat Free Monday</b>	<b>Tuesday Choose Day</b>	<b>Wonderful Roast Wednesday</b>	<b>Thursday Joyful Jackets</b>	<b>Friday Fish Friday</b>
Lunch	Pasta with a choice of toppings	Chicken fajita with rice	Roast beef with all the trimmings	Jacket potato with a choice of toppings	Fish burger, chips and vegetables
Vegetarian option	Pasta with a choice of toppings	Quorn fajita with rice	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable fingers, chips and vegetables
Dessert	Pears in juice	Flapjack	Yoghurt	Fruit	Muffin
Free From option	Pasta with a choice of toppings Pears in juice	Chicken fajita with rice Jelly	Roast beef with all the trimmings  Fruit smoothie	Jacket potato with a choice of toppings  Fruit	Fish fingers, chips and vegetables  Traybake
	<p>All meals will contain or be served with at least one portion of vegetables.  All roast dinners, sausage &amp; mash and pie dishes will have the option of extra gravy.  Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				