

DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary's MAIN DISHES – Summer 1 2023

All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
'Free from' fish fingers, chips and vegetables					✓									
Breaded fish, chips and vegetables		✓		✓	✓		✓							
Burger pasta bake with vegetables		✓		✓			✓							
Chicken fajita pasta		✓		✓			✓							
Chicken fajita with rice and nachos		✓		✓			✓							
Chicken goujons, chips and vegetables		✓		✓			✓							
Fish burger, chips and vegetables		✓		✓	✓		✓							
Glamorgan sausage, chips and vegetables		✓		✓			✓							
Jacket potato with a choice of fillings					✓		✓							
Jumbo fish finger, chips and vegetables		✓		✓	✓		✓							
Meatballs with spaghetti		✓		✓			✓							

Pasta with a choice of toppings		✓		✓	✓		✓							
Quorn fajita pasta		✓		✓			✓						✓	
Quorn fajita with rice and nachos		✓		✓			✓						✓	
Quorn fillet roast dinner		✓		✓			✓						✓	
Quorn meatballs with rice		✓		✓			✓						✓	
Quorn meatballs with spaghetti		✓		✓			✓						✓	
Quorn pasta bake		✓		✓			✓						✓	
Quorn roast dinner		✓		✓			✓						✓	
Roast beef dinner		✓		✓			✓							
Roast gammon dinner		✓		✓			✓							
Roast sausage dinner		✓		✓			✓							✓
Vegan sausage roll, potato crisps and vegetables		✓											✓	
Vegetable fingers, chips and vegetables		✓		✓			✓							
Veggie burger, chips and vegetables		✓		✓			✓						✓	

Vegetable pasta bake		✓		✓			✓							
Veggie sausage roast		✓		✓			✓						✓	

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Reviewed by: T. Mabbitt



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