

## **MENU** – week commencing 11<sup>th</sup> September 2023

\*\*Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues\*\*

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Pasta with a choice of toppings	Chicken goujons, potato bites and vegetables	Roast beef with all the trimmings	Jacket potato with a choice of toppings	Fish burger, chips and vegetables
Vegetarian Option	Pasta with a choice of toppings	Veggie burger, potato bites and vegetables	Roast quorn with all the trimmings	Jacket potato with a choice of toppings	Glamorgan sausage, chips and vegetables
Dessert	Flapjack	Banana and custard	Fruit	Sprinkle cake	Jelly
Free From Option	Pasta with a choice of toppings	Sausage, potato crispers and vegetables	Roast beef with all the trimmings	Jacket potato with a choice of toppings	Fish fingers, chips and vegetables
	Fruit smoothie	Banana and custard	Fruit	Traybake	Jelly
	All meals will contain or be served with at least one portion of vegetables.  All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.  Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.				