



MENU – week commencing 10th July 2023

****Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues****

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Vegetable spring roll with colourful rice	Chicken pasta bake	Roast gammon with all the trimmings	Jacket potato with a choice of toppings	Breaded fish, chips and vegetables
Vegetarian option	Vegetable spring roll with colourful rice	Quorn pasta bake	Roast quorn fillet with all the trimmings	Jacket potato with a choice of toppings	Veggie burger, chips and vegetables
Dessert	Ginger crunch biscuit	Jelly	Yoghurt	Fruit	Coconut and jam traybake
Free From option	Vegetable spring roll with colourful rice Peaches in juice	Chicken pasta bake Jelly	Roast gammon with all the trimmings Fruit smoothie	Jacket potato with a choice of toppings Fruit	Fish fingers, chips and vegetables Traybake
	<p>All meals will contain or be served with at least one portion of vegetables.</p> <p>All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.</p> <p>Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				