



## **MENU – week commencing 20<sup>th</sup> November 2023**

	<b>Meat Free Monday</b>	<b>Tuesday Choose Day</b>	<b>Wonderful Roast Wednesday</b>	<b>Thursday Joyful Jackets</b>	<b>Friday Fish Friday</b>
Lunch	Vegan sausage roll, chips and vegetables	Chilli with rice and nachos	Roast gammon with all the trimmings	Jacket potato with a choice of toppings	Tuna pasta bake
Vegetarian Option	Vegan sausage roll, chips and vegetables	Vegetable chilli with rice and nachos	Roast quorn fillet with all the trimmings	Jacket potato with a choice of toppings	Vegetable pasta bake
Dessert	Jelly	Chocolate shortbread	Fruit	Jam tart	Angel delight
Free From Option	Sausage, chips and vegetables	Chilli with rice and nachos	Roast gammon with all the trimmings	Jacket potato with a choice of toppings	Tuna pasta bake
Free From Dessert	Jelly	Traybake	Fruit	Jelly	Fruit smoothie
	<p>All meals will contain or be served with at least one portion of vegetables.  All roast dinners, sausage &amp; mash and pie dishes will have the option of extra gravy.  Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				