



MENU – week commencing 17th July 2023

****Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues****

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Pasta with a choice of toppings	Chicken burger in a bun with carrots and cucumber	Roast chicken with all the trimmings	Jacket potato with a choice of toppings	Fish fillet burger, chips and vegetables
Vegetarian option	Pasta with a choice of toppings	Veggie burger in a bun with carrots and cucumber	Roast quorn fillet with all the trimmings	Jacket potato with a choice of toppings	Glamorgan sausage, chips and vegetables
Dessert	Pears in juice	Cheesecake	Choc chip cookie	Fruit	Frozen mousse
Free From option	Pasta with a choice of toppings Pears in juice	Chicken burger in a bun with carrots and cucumber Fruit smoothie	Roast beef with all the trimmings Traybake	Jacket potato with a choice of toppings Fruit	Fish fingers, chips and vegetables Jelly
	<p>All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				