

MENU – week commencing 25th September 2023

Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Vegetable pasta bake	Sausage in a bun, potato crispers and vegetable sticks	Roast beef with all the trimmings	Jacket potato with a choice of toppings	Breaded fish, chips and vegetables
Vegetarian Option	Vegetable pasta bake	Quorn sausage in a bun, potato crispers and vegetable sticks	Roast quorn with all the trimmings	Jacket potato with a choice of toppings	Veggie burger, chips and vegetables
Dessert	Chocolate biscuit	Fruit	Yoghurt	Jam tart	Muffin
Free From Option	Vegetable pasta bake Chocolate biscuit	Sausage in a bun, potato crispers and vegetable sticks Fruit	Roast beef with all the trimmings	Jacket potato with a choice of toppings	Fish fingers, chips and vegetables
			Jelly	Fruit smoothie	Traybake
	All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.				