

**MENU – week commencing 27th January**

**\*\*Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues\*\***

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|  | **Meat Free Monday** | **Tuesday****Choose Day** | **Wonderful****Roast Wednesday** | **Thursday****Joyful Jackets** | **Friday****Fish Friday** |
| Lunch | Vegan cowboy hotpot with mash  | Meatballs with pasta and garlic bread | Roast Gammon with all the trimmings  | Jacket potato with a choice of toppings | Breaded fish, chips and vegetables |
| Vegetarian Option |  Vegan cowboy hotpot with mash | Vegetable meatballs with pasta and garlic bread | Roast Quorn with all the trimmings  | Jacket potato with a choice of toppings | Vegetable burger, chips and vegetables |
| Dessert | Blueberry muffin | Fruit | Sponge and custard | Fruit | Strawberry mousse |
| Free FromOption | Vegan cowboy hotpot with mash | Meatballs with pasta and garlic bread | Roast Gammon with all the trimmings  | Jacket potato with a choice of toppings | Fish fingers, chips and vegetables |
| Free From Dessert | Traybake | Fruit | Fruit smoothie | Fruit | Jelly |
|  | **All meals will contain or be served with at least one portion of vegetables.****All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.****Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.** |