**DISHES AND THEIR ALLERGEN CONTENT –** Homemade@Haddenham St Mary’s MAIN DISHES – Summer 1

**All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|  | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Breaded fish, chips/rosti/new potatoes and vegetables |  | ✓ |  | ✓ | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Burger Pasta |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Fish burger, potato lattice/chips and vegetables |  | ✓ |  | ✓ | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Fish fingers, chips/rosti/lattice and vegetables |  | ✓ |  | ✓ | ✓ |  | ✓ |  |  |  |  |  |  |  |
| ‘Free from’ fish fingers, new potatoes/chips and vegetables |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |
| Glamorgan sausage |  | ✓ |  |  |  |  | ✓ |  | ✓ |  |  |  |  |  |
| Jacket potato with a choice of fillings |  |  |  |  | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Jumbo fish finger, potato lattice/chips and vegetables |  | ✓ |  | ✓ | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Pasta with a choice of topping |  | ✓ |  | ✓ | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Quorn meatballs and rice |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Quorn roast dinner |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Roast beef dinner |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Roast sausage dinner |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Vegan sausage roll, potato rosti/crispers and baked beans/vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Veggie burger, potato rosti/chips/hash browns and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Vegetable pie, diced potatoes and vegetables |  | ✓ |  |  |  |  | ✓ |  |  |  |  |  |  |  |
| Veggie sausage roast dinner |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Veggie burger, rosti/chips and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Veggie sausage, mash/chips and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |

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| Review date: 08/03/24 |   | Reviewed by: | C.Cartmell / K.Caesar-Gordon | Food Standards Agency food.gov.uk | You can find this template, including more information [at www.food.gov.uk/allergy](http://www.food.gov.uk/allergy) |