



MENU – week commencing 20th March 2023

****Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues****

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Pasta with a choice of toppings	Chicken fajita with rice	Roast beef with all the trimmings	Jacket potato with a choice of toppings	Fishcake, chips and vegetables
Vegetarian option	Pasta with a choice of toppings	Quorn fajita with rice	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Veggie burger, chips and vegetables
Dessert	Pears in juice	Chocolate muffin	Jelly	Fruit	Flapjack
Free From option	Pasta with a choice of toppings Pears in juice	Chicken fajita with rice Jelly	Roast beef with all the trimmings Fruit smoothie	Jacket potato with a choice of toppings Fruit	Fish fingers, chips and vegetables Traybake
	<p>All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				