

# DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary's MAIN DISHES – Spring 2 2023

All free from menu options are free from gluten and dairy products – for further information please email [homemade@haddenham-st-marys.bucks.sch.uk](mailto:homemade@haddenham-st-marys.bucks.sch.uk)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
'Free from' fish fingers, chips and vegetables					✓									
Battered fish, chips and vegetables		✓		✓	✓		✓							
Burger pasta bake with vegetables		✓		✓			✓							
Chicken and leek pie topped with mash		✓					✓							
Chicken fajita with rice		✓		✓			✓							
Chilli with rice and nachos		✓		✓			✓							
Fish burger, chips and vegetables		✓		✓	✓		✓							
Fishcake, chips and vegetables		✓		✓	✓		✓							
Glamorgan sausage, chips vegetables		✓		✓			✓							
Jacket potato with a choice of fillings					✓		✓							
Jumbo fish finger, mash and vegetables		✓		✓	✓		✓							

Macaroni cheese		✓		✓			✓							
Pasta with a choice of toppings		✓		✓	✓		✓							
Quorn and leek pie topped with mash		✓					✓						✓	
Quorn chilli with rice and nachos		✓		✓			✓						✓	
Quorn fajita with rice		✓		✓			✓						✓	
Quorn pasta bake		✓		✓			✓						✓	
Quorn roast dinner		✓		✓			✓						✓	
Quorn sausage roast dinner		✓		✓			✓						✓	
Ratatouille, rice and nachos		✓		✓			✓							
Roast beef dinner		✓		✓			✓							
Roast gammon dinner		✓		✓			✓							
Roast sausage dinner		✓		✓			✓							✓
Vegan sausage roll, chips and vegetables		✓											✓	
Vegetable fingers, chips and vegetables		✓		✓			✓							

Veggie burger, mash/chips and vegetables		✓		✓			✓						✓	
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Review date:  
13/01/23

Reviewed by: T. Mabbitt



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